

# ACE Interface Presenter Training Overview



## **What is the ACE Interface Presentation?**

The presentation offers a message of hope and introduces a process that communities have used to build their capacity to prevent Adverse Childhood Experiences (ACEs), support those who have experienced toxic stress, and build new cultural norms that are more inclusive, culturally-responsive, and healing-centered.

The ACE Interface presentation is presented in three sections:

- 1) Neurobiology, Historical Trauma, & Epigenetics – focuses on how our brains and our DNA expression can be influenced by our environment and highlights how toxic stress can impact healthy development.
- 2) Key Findings from the Adverse Childhood Experiences (ACE) study – linking adversity to long-term health outcomes.
- 3) Resilience – using research and community wisdom to rethink how we respond to ACEs and strengthen our communities.

## **What is the ACE Interface Presenter Training?**

This training prepares up to 30 Collaborative partners to present the ACE Interface *Understanding Adverse Childhood Experiences (ACEs): Building Self-Healing Communities* presentation, which is a curriculum/talk designed to educate audiences about how adversity and trauma impact our biology, along with the health and well-being of our communities. Attending the training is the **first step** to becoming an ACE Interface presenter.

Once trained, ACE Interface Presenters serve as local champions who can help sustain and widely share this information across diverse sectors and community groups in a Collaborative's area.

## **What to expect AT the Presenter Training:**

This training is primarily focused on creating a foundation for a Community of Practice, since the ACE Interface content is rooted in a model of shared and continued learning with other presenters. Because of this, there is a large focus on relationship-building and small group collaboration. We will also spend time discussing **how** to show up as a presenter when delivering the content (which we refer to as “presenter Habits of Mind”).

Participants will also hear the presentation, which reviews key findings from a collection of research called NEAR Science (Neurobiology, Epigenetics, Adverse Childhood Experience (ACEs), and Resilience research), and learn more about historical trauma. Participants will have a chance to practice delivering 1-2 slides from the presentation, but it is important to note that the training is less focused on technical skills related to presenting the curriculum.

Participants are *strongly* encouraged to attend a two-hour Understanding ACEs Presentation BEFORE they participate in the 2-day training, to ensure that they are familiar with the content that they are signing up to present before they commit to the full training, since it is a time-intensive process to become a Presenter. We will be offering a no-cost opportunity for prospective Presenters to attend the core presentation virtually in September:

9/25/24 - **Virtual *Understanding ACEs: Building Self-Healing Communities Presentation*** (10:00 a.m. – 12:00 p.m.) [Register here](#)

### **What to expect AFTER the Presenter Training:**

Once trained, ACE Interface Presenters will receive temporary permission to use the ACE Interface curriculum (presentation slides and related resources), with the agreement that they will complete Presenter Certification within 9 months of the training. Most presenters **dedicate time to practice and build comfort with the curriculum** before they feel ready to present the content in an engaging way.

Once familiar with the curriculum, presenters are expected to partner with at least one other ACE Interface presenter to identify groups/organizations who are ready to hear the ACE Interface presentation. Presenters are expected to co-present with another ACE Interface Presenter until they complete Presenter Certification steps (see below).

### **Who should apply for the ACE Interface Presenter Training?**

People who:

- **Plan to complete the Presenter Certification steps within 9 months of training (details above)**
- Agree to partner with their local Children's Mental Health or Family Services Collaborative to offer presentations over the coming 2-3 years
- Demonstrate an ability to effectively communicate with diverse communities, audiences, and sectors
- Have a demonstrated ability or willingness to train or teach adults and youth
- Are willing to participate in the ACE Interface Community of Practice on an ongoing basis
- Demonstrate self-awareness, social awareness, and emotional management skills

### **What are the ACE Interface Presenter Certification steps?**

1. Attend the full two-day ACE Interface Presenter Training AND the 2-hour Community of Practice session.
2. Co-present the ACE Interface presentation with other ACE Interface presenters until you complete Presenter Certification.
3. Reflect on and get feedback after each of your first two presentations.
4. Send FamilyWise the ACE Interface Presentation paperwork after each presentation you facilitate.
5. When you feel ready to present slides from all sections of the Core Presentation, schedule a Presenter Demonstration and meet with a FamilyWise staff person online and demonstrate your presentation skills.

**To maintain fidelity to the curriculum, presenters are asked to complete ACE Interface Presenter Certification within 9 months of the training or are expected to stop using the curriculum.**

### **What is the Presenter's role?**

- Complete ACE Interface Presenter Certification within 9 months of the training (or stop using the curriculum).
- In partnership with your local Collaborative, identify audiences to present to and coordinate the planning and logistics for the presentations they schedule.
- Continue sharing your questions, wisdom, and experience with the ACE Interface Community of Practice as your capacity allows.

### **What is the Collaborative's role?**

Collaboratives that have had the most success maintaining engagement with their local presenters:

- Recruit at least 3 people from their community to become trained as ACE Interface Presenters.
- Serve as (or identify someone to be) the contact from your Collaborative who will engage local ACE Interface presenters 2-4 times per year to see what supports are needed, encourage them to complete presenter certification, and connect them with each other.
- Help ACE Interface Presenters connect with groups in the Collaborative community who want to hear the presentation.

### **What is FamilyWise Services' role?**

- Offer ACE Interface Presenter Trainings and Community of Practice Sessions
- Support presenters as they work to complete presenter certification within 9 months of their training, and after they are certified
- Hold Presenter Support workshops at least quarterly
- Maintain presenter resources, including the Quarterly ACE Interface Presenter Newsletters with updates and upcoming presenter support workshops and the annual Growing Resilient Communities Gathering, the MN ACEs Action community on the PACEs Connection Page, and the Slack site
- Track presentation activity of Certified Presenters in our database, based on the sign-in sheets and participant surveys presenters submit to FamilyWise