



You are invited to apply for the virtual *Understanding Adverse Childhood Experiences: Building Self-Healing Communities ACE Interface Presenter Training*

This training will prepare up to 30 people across Minnesota <u>to present</u> the 2 to 3-hour ACE Interface *Understanding ACEs: Building Self-Healing Communities* core presentation.

This presentation outlines key findings from the fields of NEAR* Science, which stands for neurobiology, epigenetics, Adverse Childhood Experiences (ACEs), and resilience research. The presentation shares how childhood and intergenerational adversity impact our lives, the lives of our children, and the health of our communities. The presentation also offers strategies to support resilience. The goal is to build a common language and understanding of NEAR Science as a starting point.

The training will be held on the following three dates/times*:

- Training Day 1: Wednesday, November 5th from 9:00 a.m. 4:00 p.m. (virtual on Zoom)
- Training Day 2: Thursday, November 6th from 9:00 a.m. 4:00 p.m. (virtual on Zoom)
- Training Day 3: Wednesday, December 3rd from 9:00 a.m. 11:00 a.m. (virtual on Zoom)

*Participants are expected to complete <u>all three dates</u> of this training if they plan to participate.

All are welcome to apply, and we encourage diverse cultural and identity groups as well as representatives from a diversity of sectors to become trained as presenters — each of us holds the wisdom to create healthier communities. Once trained, presenters can help their communities move from understanding these core concepts to action by supporting ongoing awareness efforts and Collaboratives' community-based resilience planning.

Please review the application form for more details about the application process and participant expectations.

